

## Top 5 tips for parents who think their child may have Special Educational Needs or Disability

1. Talk to your child's class teacher and / or the school's SENDCo (Special Educational Needs and Disability Coordinator) who will listen to your concerns and help you to develop a plan aimed at helping to remove any barriers to learning your child may have.
2. Have a look at Derbyshire County Council's SEND website:  
<https://www.derbyshire.gov.uk/education/schools/special-educational-needs/special-educational-needs.aspx>
3. Look at the Department for education's website for SEND  
<https://www.gov.uk/children-with-special-educational-needs>
4. Talk to your GP who will help to signpost you to the right group or agency to help.
5. Try not to panic! There are lots of parents with similar worries and concerns – you are not alone. There are lots of services, agencies and groups who can help you. Check out DCC's local offer here:  
<https://www.localoffer.derbyshire.gov.uk/home.aspx#!/directory>