

## Infant P.E Timetable

Autumn Term 1	Autumn Term 2	Spring Term 3	Spring Term 4	Summer Term 5	Summer Term 6
<p>Basic skills: Running, jumping, catching, throwing. Following instructions Working individually Working in a pair</p>	<p>Dance and gymnastics Yoga</p>	<p>Dance and gymnastics Yoga</p>	<p>Simple team games Basic attacking and defending</p>	<p>Developing balance, agility and coordination.  Using equipment, designing obstacle courses.  Working as a small group.</p>	<p>Simple team games. Large bat/ball games on the field.</p>
<p>Forest school</p>	<p>Outdoor Education day at Hollowford Centre.</p>	<p>Climbing at White Hall Outdoor Centre.</p>	<p>Orienteering</p>	<p>Adventure days at White Hall Outdoor Centre.</p>	<p>Adventure and team building in and around school.</p>